



Approved by CC:

MAY 09 2014

JOHNSON COUNTY EMPLOYEE GYM POLICIES AND PROCEDURES

The Johnson County gym facility is available to all Johnson County employees and spouses who accompany the Johnson County employees to the gym facility. **Employees and spouses shall not bring children to the facility or allow children to utilize the equipment.** All employees and spouses wishing to utilize the gym facility must have a signed Waiver of Liability on file with the Personnel Office. The gym hours are 5:00am to 10:30pm daily, except for law enforcement personnel which have 24 hour access.

All employees and spouses use the Johnson County gym facility at their own risk. Johnson County is not responsible for any pre existing conditions or injuries, or injuries sustained while using the gym facility. Johnson County strongly encourages all County employees and spouses to obtain a physician's clearance before first visit to gym facility or participation in any exercise programs.

The Johnson County gym facility is meant to be a place of enjoyment for our employees and spouses. All employees and spouses should treat each other with respect and expect to be treated as such. Inappropriate behavior and loud, profane or abusive language and harassment of others will not be tolerated. Johnson County reserves the right to revoke employee's and spouses privileges if deemed necessary.

All employees and spouses shall exercise caution when using fitness equipment. All equipment should only be used according to its intended purpose and design. All employees and spouses are required to spray and wipe down all equipment after use. During peak times of usage, please limit your time on equipment to a maximum of 20 minutes.

Employees and spouses must wear appropriate exercise attire when using the Johnson County gym facility. Shirts and athletic shoes are required. Johnson County is not responsible for lost or stolen personal items. Employees and spouses are encouraged not to bring valuables or other personal belongings to the gym facility. Except for capped water bottles, eating or drinking is prohibited inside Johnson County gym facility.

Employees and spouses should observe proper personal hygiene when attending gym facility by showering regularly, wearing clean clothing and using deodorant. Refrain from wearing excessive cologne or perfume to the gym. Remember heat and more sweating tends to increase odor not get rid of it.

Access to gym will be limited during special posted events, such as when the gym has been properly scheduled for an aerobics class. All special events must be scheduled with the Personnel Office 2 weeks in advance.